

# Flu and Cold Season Plus®

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## SOLUTIONS IE® FLU AND COLD SEASON PLUS®

Whether facing the possibility of another flu epidemic, or having to deal with the “normal” flu and colds of the season, you owe it to yourself to discover the ultimate in all natural prevention with Flu and Cold Season Plus®. This one of a kind formula is available in both Intra-Oral and Nasal versions.



## THE COMMON COLD



It is called the “common cold” for good reason. People suffer from over one billion colds in the United States each year, more than any other type of illness. Although the common cold is usually mild, with symptoms ranging from sneezing, to a scratchy throat, to a runny nose, it is a leading cause of doctor visits and missed days from school and work. While colds can occur year around, most colds spread during the fall and winter.

Children are particularly susceptible to colds because they are often in close contact with each other in schools and day care centers. With children averaging 6 to 10 colds a year, over 22 million school days are lost annually in the U.S. due to the common cold. Your family doesn't need to be part of this statistic. Give your kids their sprays! Taking their sprays can be done twice per day after brushing their teeth.

Adults average 2 to 4 colds a year, with people older than 60 having less than one cold a year.

People are most contagious for the first 2 to 3 days of a cold, lessening by day 7. You usually ‘catch’ a cold by inhaling the virus when sitting close to someone who coughs or sneezes; however, a cold can also spread by hand through your nose, eyes, or mouth, after you have touched something contaminated by the virus.

## THE FLU (INFLUENZA)



While a cold and the flu cause many of the same symptoms, a cold is generally milder and does not produce the fevers, chills, headaches or extreme exhaustion characteristic of the influenza virus.

New strains of the flu virus cause epidemics almost every winter, causing illness in 10 to 20% of Americans and an average of 36,000 deaths and 114,000 hospitalizations each year. Because schools are excellent breeding grounds for the flu virus, children are two to three times more likely than adults to become sick with the flu. While most people who get influenza recover in one to two weeks, many are at high risk of developing flu complications. These include people over age 65, women who are pregnant, small children between 6 and 23 months, and people of any age who have a chronic medical condition.

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## HEALTH TIP

Nutritional deficiencies result in weakened immunity towards flu and cold viruses of all kinds. SOLUTIONS IE® Flu and Cold Season Plus® Intra-Oral spray lifts and replenishes your body with increased energy and proper nutrients, while Flu and Cold Season Plus® Nasal spray attacks the virus at the source. With studies showing that 90% of all flu and colds begin with infections in the nasal cavity, our extremely effective Flu and Cold Season Plus® Nasal spray begins fighting virus on first contact. You will love this formula!

## IT REALLY WORKS!



"I was visiting the Provo area and when I arrived I felt I was coming down with a cold. That night it moved from, "I think," to "Oh wow!" I asked my sister the next morning for some Flu and Cold Season Plus® and sprayed 10 squirts just like I always do when a cold starts. I did it twice more and the next morning the cold was gone, again, just like always. I suffered from heart failure and can't afford to have a cold. I am no longer amazed when this stuff works. I would be amazed if it didn't!"

-Bob Darrah

## WHY SPRAYS?

SOLUTIONS IE® Intra-Oral Sprays are easily and rapidly absorbed, making vital nutrients immediately available to your living cells. Utilizing this unique nutrient delivery system, there is virtually no digestion necessary, leaving no residual toxins to burden or impair digestive function. As you can see from the chart below, pills and capsules are obsolete as an effective means of delivering essential nutrients to the cells of the body. You can find these conclusions published in the most current "Physicians Desk Reference" manual in any doctor's office.

### Delivery Method Effectiveness

90%+	Intra-Oral Sprays
75%	Intra-Muscular Injection
55%	Sublingual (Under-the-tongue) Liquid
40%	Trans-dermal Patch
20-25%	Gel Capsule
0-10%	Pill

## ULTRA IMMUNITY

For the ultimate in immune system support, use both Flu and Cold Season Plus® and the CS Formulas® DAILY to STAY HEALTHY. An ounce of prevention is always worth a pound of cure.



## DIRECTIONS

- Flu and Cold Season Plus® Intra-Oral:  
Take 4 sprays, 3 times daily.
- Flu and Cold Season Plus® Nasal:  
Take one spray in each nostril morning and night. Inhale while spraying.

Flu and Cold Season Plus® Intra-Oral spray will deliver the specific, micro-nutrients to the body to enhance your immune system and help fight the viral infection, while the Nasal spray helps combat potential or existing infection of the nasal passages. You can use either formula as often as desired under periods of increased stress.

## SOLUTIONS IE INDEPENDENT ASSOCIATE CONTACT INFO